



**Level 3 Diploma in Personal Training**  
Tutorial Dates

**2022**

			<b>COURSE 1</b>		
<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Unit</b>	<b>Where</b>	<b>Tutor</b>
Mon	April 4th 2022	5.30 - 9.30pm	<b>Unit 1 - Applied Anatomy and Physiology for Exercise, Health and Fitness - Day 1</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Wed	April 6th 2022	5.30 - 9.30pm	<b>Unit 1 - Applied Anatomy and Physiology for Exercise, Health and Fitness - Day 2</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Fri	April 8th 2022	5.30 - 9.30pm	<b>Unit 1 - Applied Anatomy and Physiology for Exercise, Health and Fitness - Day 3</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Wed	May 4th 2022	5.30 - 9.30pm	<b>Unit 3 - Understanding Lifestyle, Health, Well-being and Common Medical Conditions - Day 1</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Fri	May 6th 2022	5.30 - 9.30pm	<b>Unit 3 - Understanding Lifestyle, Health, Well-being and Common Medical Conditions - Day 2</b>	RECORDING Click <a href="#">HERE</a> to View	Ciaran
Mon	May 9th 2022	5.30 - 9.30pm	<b>Unit 3 - Understanding Lifestyle, Health, Well-being and Common Medical Conditions - Day 3</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Wed	May 16th 2022	5.30 - 9.30pm	<b>Unit 6 - Professionalism and Business Acumen for Personal Trainers - Day 1</b>	Google Meet Click <a href="#">HERE</a> to Join	Kelly

Fri	May 18th 2022	5.30-9.30pm	<b>Unit 6 - Professionalism and Business Acumen for Personal Trainers - Day 2</b>	Google Meet Click <a href="#">HERE</a> to Join	Kelly
Mon	May 23rd 2022	5.30 - 9.30pm	<b>Unit 5 - Programme Design and Delivery for Personal Training - Day 1</b>	Google Meet Click <a href="#">HERE</a> to Join	Ciaran
Wed	May 25th 2022	5.30 - 9.30pm	<b>Unit 5 - Programme Design and Delivery for Personal Training - Day 2</b>	Queens PEC	Ciaran
Fri	May 27th 2022	5.30 - 9.30pm	<b>Unit 5 - Programme Design and Delivery for Personal Training - Day 3</b>	Queens PEC	Ciaran
Mon	May 30th 2022	5.30 - 9.30pm	<b>Unit 5 - Programme Design and Delivery for Personal Training - Day 4</b>	Queens PEC	Ciaran
Thur	June 9th 2022	5.30 - 9.30pm	<b>Consultations + Formative Practical Assessments</b>	Queens PEC	Lee / Ciaran / Lauren / James Mc / Jill
Fri	June 10th 2022	5.30 - 9.30pm	<b>Summative Practical Assessments</b>	Queens PEC	Lee / Ciaran / Lauren / James Mc / Jill

