



WHO TO CONTACT

This document shows who you need to contact if you have any questions in regards to each Blended Learning course

Tutors will reply within 1 week of contact

Course	Tutor	Email
LEVEL 2		
Level 2 Certificate in Gym Instructing	Ciaran	ciaran@platinumtraininginstitute.com
Level 2 Award in Nutrition for Healthy Living	Jill	jill@platinumtraininginstitute.com
Level 2 Award in Safeguarding and Protecting Children and Young People	Lee	lee@platinumtraininginstitute.com
Level 2 Award in Mental Health Awareness and Understanding Approaches to Support Individuals	Naomi	naomi@platinumtraininginstitute.com
Level 2 Award in Delivering Chair Based Exercise	Lauren	lauren@platinumtraininginstitute.com
LEVEL 3		
Level 3 Diploma in Personal Training - Units 1-5	Ciaran	ciaran@platinumtraininginstitute.com
Level 3 Diploma in Personal Training - Unit 6	Kelly	kmhope@gmail.com
Level 3 Diploma in Exercise Referral - Units 1/3/4	James Mc	jmc@platinumtraininginstitute.com
Level 3 Diploma in Exercise Referral - Units 2/5/6	Ciaran	ciaran@platinumtraininginstitute.com
Level 3 Diploma in Teaching Pilates	Victoria	training@stretchbodymind.com



Level 3 Certificate in Leisure Management	Lee	lee@platinumtraininginstitute.com
Level 3 Award in Adapting Exercise for Ante Natal and Post Natal Clients	Lauren	lauren@platinumtraininginstitute.com
Level 3 Award in programming and Supervising Exercise with Disabled Clients	Lauren	lauren@platinumtraininginstitute.com
Level 3 Award in Adapting Exercise for Independently Active, Older People	Lauren	lauren@platinumtraininginstitute.com
Level 3 Award in Instructing Outdoor Fitness	James Mc	jmc@platinumtraininginstitute.com
Level 3 Award in Education and Training	Jill	jill@platinumtraininginstitute.com
LEVEL 4		
Level 4 Diploma in Physical Activity and Well-being for Adults with Mental Health Conditions	Naomi	naomi@platinumtraininginstitute.com
Level 4 Certificate in Weight Management for Individuals with Obesity, Diabetes Mellitus and/or Metabolic Syndrome	Naomi	naomi@platinumtraininginstitute.com